



Infant Swimming Resource

INSTRUCTED BY KRISTEN REYES



GUIDELINES

1. Your child should use a **non disposable** swim diaper for lessons. If you are new to ISR a gift code to purchase one from our ISR seal store will be provided to you once you are registered with them. Disposable diapers will not be allowed in the pool.
2. Please **bring three clean towels** to the pool. Two towels are to be placed on the mat when your child is finished and one to cover them.
3. Do not allow your child to eat **1.5 hours prior** to his/her lesson. **No dairy products 2 hours** before the lesson. Children under the age of three should not have apple, peaches or pineapple products within 24 hours. Spinach and celery should also be avoided.
4. If you are required to bring a BUDS sheet to lessons one will be provided to you by ISR. You'll need to bring that sheet daily. If you are not required to bring one a poolside version will be filled out daily. The BUDS sheet is a critical source of information for all ISR instructors to provide your child with the safest and most efficient aquatic lesson possible.
5. As ISR lessons obviously includes the participation of other children, any child that is sick with fever, diarrhea, vomiting, or rash will be asked to postpone lessons until the danger of contaminating the instructor or other children has passed. These instances will be treated on a case-to-case basis, and if a prolonged illness occurs I will attempt to fill your appointment time with a substitute to avoid any unnecessary cost to you.
6. As I have limited enrollment space on my schedule and my schedule has little time between lessons, your promptness is essential in regard to my schedule and other ISR students. The time reserved for your child is exact and I cannot guarantee that your child's lesson will take place if he/she is late.
7. New students will have a guaranteed 8 weeks on my schedule if needed. If your child needs more time because of multiple missed lessons due to illness or travel and I can't rearrange my schedule, then you will have to be worked back in where openings are available. I understand that things come up and kids get sick, but it is not fair to continuously push back another child's start date whose parents have been eagerly waiting to start.

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8. Each week's fee of \$110 is due on Monday of that week's lesson. You are not obligated for payment on days that I am not in the water. Any lessons that I have had to cancel will be credited back to your account. However, since I must keep your child's time slot available you are required to pay for days you are absent. Please note: I realize that vacations, doctors' appointments, etc... do occur. If you give me advance notice, I will do my best to fill your spot on the day/week that will be missed.
9. Please be considerate of my mother's property (and neighbors). If you do not use the driveway, please park on the right-hand side of the road where the rocks are. Please stay off the grass.
10. Unless an emergency occurs, have your child use the restroom prior to your arrival. I do not have a bathroom with easy access from the pool.
11. Please remember to carry all belongings home including used diapers. I cannot collect 50 or more dirty diapers 5 days a week.
12. Family and friends are welcome to come and observe. Please make sure children sit with an adult so they do not become a distraction to the child in lessons. ISR lessons are hard work and require the student's full attention.
13. If you have any questions regarding a lesson, please tell me immediately. ISR lessons are very much a team effort between the instructor and the parent. I want these lessons to be a positive experience for you as well as your child.
14. I try very hard to return all my calls ASAP, but during the summer I very easily receive 15-30 calls a day. I will provide each of you with my home number, cell phone, and e-mail. You may call or text and leave a message on my cell anytime.
15. A \$15.00 dollar service fee will be placed on all returned checks due to past experience.

THANK YOU SO VERY MUCH!

Parent Signature _____ Date _____